

# HOUSE FAVOURITES ALLERGEN MATRIX

ACTIONED 01/12/2025

Disclaimer: Due to the open nature of our kitchen, we cannot guarantee that any item on our menu is entirely free from allergens.

**ALL BASES** automatically come with **HOUSE SHOYU (SOY)** and **SESAME SEEDS** unless stated otherwise.

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● = contains as standard, can be omitted

‘May contain’ = manufactured in a facility that processes these allergens

	MENU ITEM	ALLERGENS	SOY Bases come with House Shoyu	SESAME All bowls come with Sesame Seeds	WHEAT & GLUTEN	FISH	EGG	ALMONDS & CASHEWS	PEANUTS	CRUSTACEA	MILK	LUPIN	SULPHITES	GARLIC Bases come with House Shoyu	HALAL Bases come with House Shoyu
	Salmon O.G.	SOY, SESAME, FISH, EGG	● Roasted Sesame ● Edamame ● Tobiko	● Roasted Sesame ● Seaweed Salad		● Salmon ● Tobiko	● Roasted Sesame								● Roasted Sesame
	Chicken O.G.	SOY, SESAME, EGG	● Roasted Sesame ● Edamame	● Roasted Sesame ● Seaweed Salad			● Roasted Sesame								● Roasted Sesame
	Chilli Chicken	SOY, SESAME, ALMONDS, CASHEWS	● Spicy Sesame ● Umami Crunch	● Spicy Sesame ● Umami Crunch			● Spicy Sesame	● Umami Crunch	MAY CONTAIN ● Umami Crunch						● Spicy Sesame
	Tofu Boys (VG option)	SOY, SESAME, EGG, ALMONDS, CASHEWS	● Roasted Tofu ● Edamame ● Roasted Sesame ● Tamari Almonds ● (Lime Cashew)	● Roasted Sesame  MAY CONTAIN ● Roasted Tofu	MAY CONTAIN ● Roasted Tofu		● Roasted Sesame	● Tamari Almonds ● (Lime Cashew)	MAY CONTAIN ● Tamari Almonds ● Roasted Tofu						● Roasted Sesame
	Lime Light (Chicken)	SOY, SESAME, ALMONDS, CASHEWS	● Tamari Almonds ● Lime Cashew					● Tamari Almonds ● Lime Cashew	MAY CONTAIN ● Tamari Almonds				● Lime Cashew		● Pickled Daikon
	Heat Check (Chicken)	SOY, SESAME	● Edamame ● Red Hot Chilli ● Pickled Cucumber	● Red Hot Chilli ● Pickled Cucumber										● Pickled Cucumber ● Red Hot Chilli	● Pickled Cucumber ● Red Hot Chilli
	Green Dream (Chicken)	SOY, SESAME, ALMONDS, CASHEWS	● Edamame ● Umami Crunch	● Umami Crunch				● Umami Crunch	MAY CONTAIN ● Umami Crunch						● Thai Green Goddess
	Miso Salmon	SOY, SESAME, FISH, ALMONDS, CASHEWS	● Miso Glaze ● Tamari Ponzu ● Tamari Almonds			● Salmon		● Tamari Almonds	MAY CONTAIN ● Tamari Almonds						● Miso Glaze ● Tamari Ponzu
	Spicy Salmon	SOY, SESAME, FISH	● Miso Glaze ● Spicy Sesame ● Wasabi Peas	● Spicy Sesame ● Chilli Flakes		● Salmon	● Spicy Sesame ● Wasabi Mayo			MAY CONTAIN ● Chilli Flakes					● Spicy Sesame ● Miso Glaze
	Braised Beef	SOY, SESAME, EGG, ALMONDS, CASHEWS	● Beef Brisket ● Edamame ● Tamari Ponzu ● Umami Crunch	● Umami Crunch			● Wasabi Mayo	● Umami Crunch	MAY CONTAIN ● Umami Crunch					● Beef Brisket	NO
	Miso Eggplant	SOY, SESAME	● Miso Glaze ● Edamame										● Lemon Olive Oil		● Miso Glaze
	Miso Salmon Box	SOY, SESAME, FISH, EGG, ALMONDS, CASHEWS	● Roasted Sesame ● Miso Glaze ● Umami Crunch	● Roasted Sesame ● Umami Crunch		● Salmon	● Roasted Sesame	● Umami Crunch	MAY CONTAIN ● Umami Crunch						● Miso Glaze
	Lemon Chicken Box	SOY, SESAME, EGG, ALMONDS, CASHEWS	● Roasted Sesame ● Umami Crunch	● Roasted Sesame ● Umami Crunch			● Roasted Sesame	● Umami Crunch	MAY CONTAIN ● Umami Crunch				● Lemon Olive Oil		● Roasted Sesame
	Beef Brisket Box	SOY, SESAME, EGG, ALMONDS, CASHEWS	● Beef Brisket ● Roasted Sesame ● Umami Crunch	● Roasted Sesame ● Umami Crunch			● Roasted Sesame	● Umami Crunch	MAY CONTAIN ● Umami Crunch					● Beef Brisket	NO
	Roasted Tofu Box (VG)	SOY, SESAME, EGG, ALMONDS, CASHEWS	● Roasted Tofu ● Lime Cashew ● Umami Crunch	● Lime Cashew ● Umami Crunch MAY CONTAIN ● Roasted Tofu	MAY CONTAIN ● Roasted Tofu			● Umami Crunch	MAY CONTAIN ● Umami Crunch ● Roasted Tofu						YES

# INGREDIENT ALLERGEN MATRIX

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	MENU ITEM	SOY	SESAME	WHEAT & GLUTEN	FISH	EGG	ALMONDS & CASHEWS	PEANUTS	CRUSTACEA	MILK	LUPIN	SULPHITES	GARLIC	HALAL
	Brown Rice	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Sushi Rice	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Cabbage	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Mixed Leaves	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Glass Noodles	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Salmon Sashimi				✓									YES
	Poached Chicken													YES
	Miso Salmon	● Miso Glaze			✓									● Miso Glaze
	Beef Brisket	✓											✓	NO
	Roasted Tofu	✓	MAY CONTAIN	MAY CONTAIN				MAY CONTAIN						YES
	Miso Eggplant	● Miso Glaze												● Miso Glaze
	Roasted Sesame	✓	✓			✓								NO
	Spicy Roasted Sesame	✓	✓			✓								NO
	House Shoyu	✓											✓	NO
	Tamari Ponzu	✓												NO
	Miso Glaze	✓												NO
	Lemon Olive Oil											✓		YES
	Wasabi Mayo					✓								YES
	Lime Cashew	✓					Cashew					✓		YES
	Thai Green Goddess													NO
	Red Hot Chilli	✓	✓										✓	NO
	Pickled Daikon													NO
	Pickled Sesame Cucumber	✓	✓										✓	NO
	Seaweed Salad		✓											YES
	Crispy Shallots													YES
	Wasabi Peas	✓					MAY CONTAIN	MAY CONTAIN						YES
	Umami Crunch	✓	✓				Cashew Almond	MAY CONTAIN						YES
	Tamari Almonds	✓					Almond	MAY CONTAIN						YES
	Pickled Ginger													YES
	Tobiko	✓			✓									YES
	Avocado													YES
	Chilli Jam	✓										✓	✓	NO
	Sesame Seeds		✓											YES
	Japanese Chilli Flakes		✓						MAY CONTAIN					YES
	Edamame	✓												YES
	Street Food Slaw	● RS	● RS			● RS								● RS
	Kids: Salmon	● RS/HS	● RS		✓	● RS							● Shoyu	● RS/HS
	Kids: Chicken	● RS/HS	● RS			● RS							● Shoyu	● RS/HS

## Allergen Bowl Procedures

1. Assign an allergen-trained Mixer (ideally M1) to allergen bowls on the whiteboard.
2. Communicate to the customer: Provide a disclaimer and ask if it is an allergy or a preference.
3. Swap/remove allergen-containing ingredients on the till and double-check the matrix—don't rely on memory.
4. Base position informs the allergen bowl Mixer of an allergen bowl. Allergen bowl Mixer: wash hands, apply new gloves, and make the bowl from start to finish, including opening new bags or back-ups that have not been contaminated.
5. Get a second opinion from your Manager, Supervisor, or another allergen-trained Mixer.

# RECIPE INGREDIENTS LIST

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	Category	Item	Ingredients
	Base	Glass Noodles	Noodles (Mung Beans, Peas, Corn Starch), Cabbage, Carrot
	Protein	Poached Chicken	Chicken Breast (100%)
	Protein	Salmon Sashimi & Fillet	Salmon (100%) (Fish)
	Protein	Beef Brisket	Beef Brisket, Mirin, Gluten-Free Soy Sauce, Ginger, Garlic, Brown Sugar, Green Chilli, Rice Vinegar
	Protein	Eggplant	Eggplant, Pomace Oil, Salt
	Protein	Shiitake Mushroom	Fable (Mushroom (45%) (naturally occurring Sulphites), Water, Coconut Oil, Soy Protein Isolate (non-GMO), Canola Oil, Tapioca Flour, Gluten-Free Soy Sauce, Salt, Yeast Extract, Pepper, Mushroom Powder), Shoyu (Mirin, Gluten-Free Soy Sauce, Rice Vinegar, Ginger, Garlic)
	Protein	Roasted Tofu	Tofu (Soybeans, Stock Powder (Maize Maltodextrin, Rice Flour, Yeast Extract, Natural Vegetable Flavours, Potato Flakes, Cane Sugar, Celery Bay Leaf, Caramelised Sugar Syrup, Sunflower Oil), Vegetable Oil, Salt, Onion Powder, Garlic Powder, White Pepper, Szechuan Peppercorn Powder.
	Dressing	Roasted Sesame	Mayonnaise (Egg), Gluten-Free Soy Sauce, Sesame Oil, Brown Sugar, Mirin, Rice Vinegar, Sesame Seeds
	Dressing	Spicy Roasted Sesame	Mayonnaise (Egg), Gluten-Free Soy Sauce, Sesame Oil, Brown Sugar, Mirin, Rice Vinegar, Sesame Seeds, Cayenne Pepper
	Dressing	House Shoyu	Mirin, Gluten-Free Soy Sauce, Rice Vinegar, Ginger, Garlic, Xanthan Gum
	Dressing	Tamari Ponzu	Pomace Oil, Gluten-Free Soy Sauce, Sugar, Mirin, Yuzu Juice, Lemon Juice, Rice Vinegar, Xanthan Gum.
	Dressing	Miso Glaze	Red Miso Paste (Soybeans), Mirin, Rice Vinegar, Sugar.
	Dressing	Lemon Olive Oil	Olive Oil, Lemon Juice, Apple Cider Vinegar (Sulphites), Dijon Mustard, Cracked Pepper, Sea Salt
	Dressing	Wasabi Mayo	Mayonnaise (Egg), Wasabi Powder
	Dressing	Lime Cashew	Pomace Oil, Apple Cider Vinegar (Sulphites), Lime Juice, Sugar, Tamarind Puree, Cashew Butter, Gluten Free Soy Sauce, Salt.
	Dressing	Thai Green Goddess	Coconut Cream, Plant-Based Mayonnaise, Lime Juice, Brown Sugar, Rice Vinegar, Kaffir Lime Leaf Puree, Green Cayenne Chilli Puree, Coriander, Thai Basil, Salt, Citric Acid, Xanthan Gum
	Dressing	Red Hot Chilli	Olive Oil, Rice Vinegar, Dijon Mustard (Sulphites), Sesame Oil, Brown Sugar, Mirin, Chilli Powder, Gluten Free Soy Sauce, Salt, Xanthan Gum, Ginger.
	Vegetable	Sweet Potato	Sweet Potato, Olive Pomace Oil, Sea Salt
	Vegetable	Spicy Broccoli	Broccoli, Olive Pomace Oil, Chilli Flakes, Sea Salt
	Vegetable	Pickled Daikon	Daikon (Radish), Rice Vinegar, Sugar, Lime Juice, Beetroot Juice, Salt, Ginger, Green Chilli.
	Vegetable	Pickled Cucumber	Cucumber, Rice Vinegar, Gluten Free Soy Sauce (Water, Soybeans, Rice, Salt), Salt, Sesame Oil, Garlic, Ginger, Sugar.
	Crunch	Seaweed Salad	Seaweed (72%), Sugar, Glucose Syrup, Sesame Oil, Vinegar, Salt, Sesame Seed, Yeast Extract, Red Chilli Pepper, Flavour Enhancer (635, 631, 627), Colour (102, 133)
	Crunch	Crispy Shallots	Shallots (90%), Vegetable Oil
	Crunch	Wasabi Peas	Marrowfat Green Peas, Corn Starch, Modified Corn Starch, Sugar, Palm Oil, Salt, Soybean Oil, Glucose, Wasabi Powder, Colours (102, 133)
	Crunch	Umami Cashew Crunch	Tamari Almonds, Pumpkin Seeds, Cashews, Sesame Seeds, Coriander Seeds, Sea Salt, Chilli Flakes, Nori.
	Crunch	Tamari Almonds	Dry Roasted Almonds, Tamari (Whole Soybeans, Water, Sea Salt, Koji)
	Crunch	Pickled Ginger	Ginger, Water, Sweetener (420), Salt
	Crunch	Tobiko	Fish Roe, Sugar, Flavour Enhancer (621, 635), Hydrolysed Soy Protein, Dextrin, Humectant (420), Salt, Acidity Regulator (325), Colour (102, 124)
	Crunch	Chilli Jam	Red Chilli, Red Onion, Brown Sugar, Olive Pomace Oil, Apple Cider Vinegar, Ginger, Garlic, Mirin, Lime Juice, Gluten-Free Soy Sauce, Sea Salt, Rice Vinegar, Chilli Flakes
	Crunch	Japanese Chilli Flakes	Red Pepper, Roasted Orange Peel, Black Sesame Seeds, Yellow Sesame Seeds, Seaweed, Ginger, Japanese Pepper (May Contain Shellfish)
	Ingredient	Apple Cider Vinegar	Apple Cider Vinegar, Preservative (222) (Sulphites)
	Ingredient	Dijon Mustard	Water, Mustard Seed, Salt, Sugar, Food Acid (Acetic), Turmeric
	Ingredient	Lemon Juice	100% Lemon Juice
	Ingredient	Lime Juice	100% Lime Juice
	Ingredient	Mayonnaise	Canola Oil, Whole Egg (Pasteurised) (14%), Water, White Vinegar, Dijon Mustard, Sugar, Salt, Acidity Regulator (Citric Acid)
	Ingredient	Mirin	Fructose, White Rice, Alcohol (10%), Salt, Koji Seed, Preservative 211 (<750mg/L), Water
	Ingredient	Red Miso Paste	Water, Soybeans, Rice, Salt
	Ingredient	Rice Vinegar	Alcohol (<0.2%), Rice, Salt, Water
	Ingredient	Soy Sauce (Gluten-Free)	Water, Salt, Soybeans (20%), Rice, Salt
	Ingredient	Tamarind Puree	100% Tamarind Puree
	Ingredient	Wasabi Powder	Horseradish Powder, Mustard Powder, Corn Starch, Wasabi Powder, Citric Acid, Ascorbic Acid, Colour (133, 102)
	Ingredient	Yuzu Juice	100% Yuzu Juice