

HOUSE FAVOURITES ALLERGEN MATRIX

ACTIONED 25/03/2026

Disclaimer: Due to the open nature of our kitchen, we cannot guarantee that any item on our menu is entirely free from allergens.

ALL BASES automatically come with **HOUSE SHOYU (SOY)** and **SESAME SEEDS** unless stated otherwise.

✓ = contains, not removable

● = contains as standard, can be omitted

'May contain' = manufactured in a facility that processes these allergens

	MENU ITEM	ALLERGENS	SOY Bases come with House Shoyu	SESAME All bowls come with Sesame Seeds	WHEAT & GLUTEN	FISH	EGG	ALMONDS & CASHEWS	PEANUTS	CRUSTACEA	MILK	LUPIN	SULPHITES	GARLIC Bases come with House Shoyu	HALAL Bases come with House Shoyu
	Salmon O.G.	SOY, SESAME, FISH, EGG	<ul style="list-style-type: none"> ● Roasted Sesame ● Edamame ● Tobiko 	<ul style="list-style-type: none"> ● Roasted Sesame ● Seaweed Salad 		<ul style="list-style-type: none"> ● Salmon ● Tobiko 	<ul style="list-style-type: none"> ● Roasted Sesame 								<ul style="list-style-type: none"> ● Roasted Sesame
	Chicken O.G.	SOY, SESAME, EGG	<ul style="list-style-type: none"> ● Roasted Sesame ● Edamame 	<ul style="list-style-type: none"> ● Roasted Sesame ● Seaweed Salad 			<ul style="list-style-type: none"> ● Roasted Sesame 								<ul style="list-style-type: none"> ● Roasted Sesame
	Chilli Chicken	SOY, SESAME, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Spicy Sesame ● Umami Crunch 	<ul style="list-style-type: none"> ● Spicy Sesame ● Umami Crunch 			<ul style="list-style-type: none"> ● Spicy Sesame 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 				<ul style="list-style-type: none"> ● Spicy Sesame 	<ul style="list-style-type: none"> ● Spicy Sesame
	Tofu Boys (VG option)	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Roasted Tofu ● Edamame ● Roasted Sesame ● Tamari Almonds ● (Lime Tahini) 	<ul style="list-style-type: none"> ● Roasted Sesame ● (Lime Tahini) <p>MAY CONTAIN</p> <ul style="list-style-type: none"> ● Roasted Tofu 	MAY CONTAIN		<ul style="list-style-type: none"> ● Roasted Sesame 	<ul style="list-style-type: none"> ● Tamari Almonds 	MAY CONTAIN	<ul style="list-style-type: none"> ● Tamari Almonds ● Roasted Tofu 			<ul style="list-style-type: none"> ● (Lime Tahini) 		<ul style="list-style-type: none"> ● Roasted Sesame
	Green Dream (Chicken)	SOY, SESAME, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Edamame ● Umami Crunch 	<ul style="list-style-type: none"> ● Umami Crunch 				<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 					<ul style="list-style-type: none"> ● Thai Green Goddess
	Yuzu Days (Chicken)	SOY, SESAME, EGG, ALMONDS	<ul style="list-style-type: none"> ● Lime Tahini ● Tamari Almonds 	<ul style="list-style-type: none"> ● Lime Tahini 			<ul style="list-style-type: none"> ● Yuzu Drizzle 	<ul style="list-style-type: none"> ● Tamari Almonds 					<ul style="list-style-type: none"> ● Lime Tahini 		<ul style="list-style-type: none"> ● House Shoyu
	Nori Caesar	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Edamame ● Roasted Sesame ● Umami Crunch 	<ul style="list-style-type: none"> ● Roasted Sesame ● Umami Crunch 			<ul style="list-style-type: none"> ● Roasted Sesame 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 					<ul style="list-style-type: none"> ● Roasted Sesame
	Miso Salmon	SOY, SESAME, FISH, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Miso Glaze ● Tamari Ponzu ● Tamari Almonds 			<ul style="list-style-type: none"> ● Salmon 		<ul style="list-style-type: none"> ● Tamari Almonds 	MAY CONTAIN	<ul style="list-style-type: none"> ● Tamari Almonds 					<ul style="list-style-type: none"> ● Miso Glaze ● Tamari Ponzu
	Spicy Salmon	SOY, SESAME, FISH	<ul style="list-style-type: none"> ● Miso Glaze ● Roasted Sesame ● Wasabi Peas 	<ul style="list-style-type: none"> ● Roasted Sesame ● Chilli Flakes 		<ul style="list-style-type: none"> ● Salmon 	<ul style="list-style-type: none"> ● Roasted Sesame ● Wasabi Mayo 			MAY CONTAIN	<ul style="list-style-type: none"> ● Chilli Flakes 				<ul style="list-style-type: none"> ● Roasted Sesame ● Miso Glaze
	Braised Beef	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Beef Brisket ● Edamame ● Tamari Ponzu ● Umami Crunch 	<ul style="list-style-type: none"> ● Umami Crunch 			<ul style="list-style-type: none"> ● Wasabi Mayo 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 				<ul style="list-style-type: none"> ● Beef Brisket 	NO
	Miso Eggplant	SOY, SESAME	<ul style="list-style-type: none"> ● Miso Glaze ● Edamame 										<ul style="list-style-type: none"> ● Lemon Olive Oil 		<ul style="list-style-type: none"> ● Miso Glaze
	Miso Salmon Box	SOY, SESAME, FISH, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Roasted Sesame ● Miso Glaze ● Umami Crunch 	<ul style="list-style-type: none"> ● Roasted Sesame ● Umami Crunch 		<ul style="list-style-type: none"> ● Salmon 	<ul style="list-style-type: none"> ● Roasted Sesame 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 					<ul style="list-style-type: none"> ● Miso Glaze
	Lemon Chicken Box	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Roasted Sesame ● Umami Crunch 	<ul style="list-style-type: none"> ● Roasted Sesame ● Umami Crunch 			<ul style="list-style-type: none"> ● Roasted Sesame 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 			<ul style="list-style-type: none"> ● Lemon Olive Oil 		<ul style="list-style-type: none"> ● Roasted Sesame
	Beef Brisket Box	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Beef Brisket ● Roasted Sesame ● Umami Crunch 	<ul style="list-style-type: none"> ● Roasted Sesame ● Umami Crunch 			<ul style="list-style-type: none"> ● Roasted Sesame 	<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch 				<ul style="list-style-type: none"> ● Beef Brisket 	NO
	Roasted Tofu Box (VG)	SOY, SESAME, EGG, ALMONDS, CASHEWS	<ul style="list-style-type: none"> ● Roasted Tofu ● Lime Tahini ● Umami Crunch 	<ul style="list-style-type: none"> ● Lime Tahini ● Umami Crunch <p>MAY CONTAIN</p> <ul style="list-style-type: none"> ● Roasted Tofu 	MAY CONTAIN			<ul style="list-style-type: none"> ● Umami Crunch 	MAY CONTAIN	<ul style="list-style-type: none"> ● Umami Crunch ● Roasted Tofu 			<ul style="list-style-type: none"> ● Lime Tahini 		YES

INGREDIENT ALLERGEN MATRIX

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	MENU ITEM	SOY	SESAME	WHEAT & GLUTEN	FISH	EGG	ALMONDS & CASHEWS	PEANUTS	CRUSTACEA	MILK	LUPIN	SULPHITES	GARLIC	HALAL
	Brown Rice	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Sushi Rice	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Cabbage	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Mixed Leaves	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Glass Noodles	● Shoyu	● Sesame Seeds										● Shoyu	● Shoyu
	Salmon Sashimi				✓									YES
	Poached Chicken													YES
	Miso Salmon	● Miso Glaze			✓									● Miso Glaze
	Beef Brisket	✓											✓	NO
	Roasted Tofu	✓	MAY CONTAIN	MAY CONTAIN				MAY CONTAIN					✓	YES
	Miso Eggplant	● Miso Glaze												● Miso Glaze
	Roasted Sesame	✓	✓			✓								NO
	Spicy Sesame	✓	✓			✓							✓	NO
	House Shoyu	✓											✓	NO
	Tamari Ponzu	✓												NO
	Miso Glaze	✓												NO
	Lemon Olive Oil											✓		YES
	Wasabi Mayo					✓								YES
	Lime Tahini	✓	✓									✓		YES
	Thai Green Goddess													NO
	Red Hot Chilli	✓	✓										✓	NO
	Yuzu Drizzle					✓								YES
	Pickled Daikon													NO
	Seaweed Salad		✓											YES
	Crispy Shallots													YES
	Wasabi Peas	✓					MAY CONTAIN	MAY CONTAIN						YES
	Umami Crunch	✓	✓				Cashew Almond	MAY CONTAIN						YES
	Tamari Almonds	✓					Almond	MAY CONTAIN						YES
	Pickled Ginger													YES
	Tobiko	✓			✓									YES
	Avocado													YES
	Chilli Jam	✓										✓	✓	NO
	Sesame Seeds		✓											YES
	Japanese Chilli Flakes		✓						MAY CONTAIN					YES
	Edamame	✓												YES
	Street Food Slaw	● RS	● RS			● RS								● RS
	Kids: Salmon	● RS/HS	● RS		✓	● RS							● Shoyu	● RS/HS
	Kids: Chicken	● RS/HS	● RS			● RS							● Shoyu	● RS/HS

RECIPE INGREDIENTS LIST

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Category	Item	Ingredients
Base	Glass Noodles	Noodles (Mung Beans, Peas, Corn Starch), Cabbage, Carrot
Protein	Poached Chicken	Chicken Breast (100%), Salt
Protein	Salmon Sashimi & Fillet	Salmon (100%) (Fish)
Protein	Beef Brisket	Beef Brisket, Mirin, Gluten-Free Soy Sauce, Ginger, Garlic, Brown Sugar, Green Chilli, Rice Vinegar
Protein	Eggplant	Eggplant, Pomace Oil, Salt
Protein	Roasted Tofu	Tofu (Water, Soybeans, Firming Agent (Magnesium Chloride)), Vegetable Oil, Salt, Onion Powder, Garlic Powder, White Pepper.
Dressing	Roasted Sesame	Mayonnaise (Egg), Gluten-Free Soy Sauce, Sesame Oil, Brown Sugar, Mirin, Rice Vinegar, Sesame Seeds
Dressing	Spicy Sesame	Mayonnaise (Egg), Gluten-Free Soy Sauce, Sesame Oil, Rice Vinegar, Sugar, Sesame Seeds, Mirin, Olive Oil, Dijon Mustard (Sulphites), Red Chilli Flake, Salt.
Dressing	House Shoyu	Mirin, Gluten-Free Soy Sauce, Rice Vinegar, Ginger, Garlic, Xanthan Gum
Dressing	Tamari Ponzu	Pomace Oil, Gluten-Free Soy Sauce, Sugar, Mirin, Yuzu Juice, Lemon Juice, Rice Vinegar, Xanthan Gum.
Dressing	Miso Glaze	Red Miso Paste (Soybeans), Mirin, Rice Vinegar, Sugar.
Dressing	Lemon Olive Oil	Olive Oil, Lemon Juice, Apple Cider Vinegar (Sulphites), Dijon Mustard, Cracked Pepper, Sea Salt
Dressing	Wasabi Mayo	Mayonnaise (Egg), Wasabi Powder
Dressing	Lime Tahini	Pomace Oil, Lime Juice, Apple Cider Vinegar (Sulphites), Sugar, Tahini (Sesame), Gluten-Free Soy Sauce, Salt, Xanthan Gum.
Dressing	Thai Green Goddess	Coconut Cream, Plant-Based Mayonnaise, Lime Juice, Brown Sugar, Rice Vinegar, Kaffir Lime Leaf Puree, Green Chilli Puree, Coriander, Thai Basil, Salt, Citric Acid, Xanthan Gum
Dressing	Red Hot Chilli	Olive Oil, Rice Vinegar, Dijon Mustard (Sulphites), Sesame Oil, Brown Sugar, Mirin, Chilli Powder, Gluten Free Soy Sauce, Salt, Xanthan Gum, Ginger.
Dressing	Yuzu Drizzle	Mayonnaise (Egg), Yuzu Juice, Sugar, Yuzu Kosho, Salt, Turmeric.
Vegetable	Sweet Potato	Sweet Potato, Olive Pomace Oil, Sea Salt
Vegetable	Spicy Broccoli	Broccoli, Olive Pomace Oil, Chilli Flakes, Sea Salt
Vegetable	Pickled Daikon	Daikon (Radish), Rice Vinegar, Sugar, Lime Juice, Beetroot Juice, Salt, Ginger, Green Chilli.
Crunch	Seaweed Salad	Seaweed (72%), Sugar, Glucose Syrup, Sesame Oil, Vinegar, Salt, Sesame Seed, Yeast Extract, Red Chilli Pepper, Flavour Enhancer (635, 631, 627), Colour (102, 133)
Crunch	Crispy Shallots	Shallots (90%), Vegetable Oil
Crunch	Wasabi Peas	Marrowfat Green Peas, Modified Corn Starch, Sugar, Palm Oil, Salt, Soybean Oil, Glucose, Wasabi Powder, Colours (102, 133)
Crunch	Umami Cashew Crunch	Tamari Almonds, Pumpkin Seeds, Cashews, Sesame Seeds, Coriander Seeds, Sea Salt, Chilli Flakes, Nori.
Crunch	Tamari Almonds	Dry Roasted Almonds, Tamari (Soybeans, Water, Sea Salt, Koji)
Crunch	Pickled Ginger	Ginger, Water, Sweetener (420), Salt
Crunch	Tobiko	Fish Roe, Sugar, Flavour Enhancer (621, 635), Hydrolysed Soy Protein, Dextrin, Humectant (420), Salt, Acidity Regulator (325), Colour (102, 124)
Crunch	Chilli Jam	Red Chilli, Red Onion, Brown Sugar, Olive Pomace Oil, Apple Cider Vinegar, Ginger, Garlic, Mirin, Lime Juice, Gluten-Free Soy Sauce, Sea Salt, Rice Vinegar, Chilli Flakes
Crunch	Japanese Chilli Flakes	Red Pepper, Roasted Orange Peel, Black Sesame Seeds, Yellow Sesame Seeds, Seaweed, Ginger, Japanese Pepper (May Contain Shellfish)
Ingredient	Apple Cider Vinegar	Apple Cider Vinegar, Preservative (222) (Sulphites)
Ingredient	Coconut Cream	Coconut Cream, Water, Xanthan Gum, Guar Gum
Ingredient	Dijon Mustard	Water, Mustard Seed, Salt, Sugar, Food Acid (Acetic), Turmeric
Ingredient	Lemon Juice	100% Lemon Juice
Ingredient	Lime Juice	100% Lime Juice
Ingredient	Mayonnaise	Canola Oil, Whole Egg (Pasteurised) (14%), Water, White Vinegar, Dijon Mustard, Sugar, Salt, Citric Acid
Ingredient	Mirin	Water, Fructose, White Rice, Alcohol (10%), Salt, Koji Seed, Preservative 211 (<750mg/L)
Ingredient	Plant-based Mayonnaise	Canola Oil, Water, White Vinegar, Salt, Sugar, Dijon Mustard, Modified Starch (Plant-Based), Lemon Juice, Vegetable Protein, Spice Extract, Natural Antioxidant, Xanthan Gum, Guar Gum, Lutein (Natural Colour)
Ingredient	Red Miso Paste	Water, Soybeans, Rice, Salt
Ingredient	Rice Vinegar	Alcohol (<0.2%), Rice, Salt, Water
Ingredient	Soy Sauce (Gluten-Free)	Water, Salt, Soybeans (20%), Rice, Salt
Ingredient	Wasabi Powder	Horseradish Powder, Mustard Powder, Corn Starch, Wasabi Powder, Citric Acid, Ascorbic Acid, Colour (133, 102)
Ingredient	Yuzu Kosho	Yuzu, Green Pepper, Sugar, Salt
Ingredient	Yuzu Juice	100% Yuzu Juice